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Eric Hagan, Vice President, announcing the new *Senior Perspectives* program.



The Medical Center at Scottsville Rehabilitation Services expansion.

## *Senior Perspectives*, Expansion unveiled at Scottsville

On Wednesday, February 3, The Medical Center at Scottsville hosted an open house to introduce its new *Senior Perspectives* program and to showcase the expanded rehabilitation services area.

*Senior Perspectives* is an outpatient geriatric psych program designed to address the mental health and well-being of older adults. "As many people get older, their emotions and moods change just as the physical state of their bodies change," says Jami Hughes, LCSW, program director for *Senior Perspectives*. "Too many times, seniors' emotional health is overlooked. But it is important for people to be both physically and emotionally well, even in the golden years."

*Senior Perspectives* operates on an outpatient basis and is staffed by a team of physicians, therapists, nurses and technicians. By operating on an outpatient basis, the program allows seniors to receive intensive level treatment without the high cost or inconvenience of being hospitalized. The cost of the program

is covered by Medicare and most secondary insurance health plans, and normal deductibles and co-pays apply. For those that may not have transportation (handicap accessible), assistance can be coordinated by the *Senior Perspectives* program. For more information or an admission to *Senior Perspectives*, call (270) 622-2890.

At the open house, community members also had the opportunity to tour the newly expanded Rehabilitation Services area. Rehab Services, along with Cardiopulmonary Rehab, moved into what used to be the hospital dining room. "The new space is indicative of how much our program has grown over the past 10 years," said Lisa Cummings, Rehab Services Manager.

# Upcoming Events

**February 18** 8:30 – 11:30 a.m.

## Free Vestibular (Dizziness) Screening

*Location: Health & Wellness Center at Greenwood Mall*

Provided by Bluegrass Outpatient Center, the screening utilizes state-of-the-art video goggles to help locate where in the ear balance disorders occur. *Preregistration required by calling 745-0942.*

**February 23** noon – 1 p.m.

## Women-in-Charge Luncheon

### Women & Heart Disease and Facial Makeovers

*Location: The Medical Center Auditorium*

The American Heart Association will present information on *Women & Heart Disease* and Macy's will provide tips for facial makeovers. Cost is \$8 and includes lunch and presentations. *Preregistration is required by calling 745-1010.*

**February 24** 9 a.m. – noon

## Free Heart Risk Screening

*Location: Health & Wellness Center at Greenwood Mall*

Following completion of a brief heart risk assessment, staff from The Medical Center Cardiac Rehabilitation will discuss areas of concern and perform a blood pressure screening. *Preregistration is required by calling 745-0942.*

**March 4 and 25** 9 a.m. – noon

## Free Osteoporosis & Bone Density Screening

*Location: Health & Wellness Center at Greenwood Mall*

Take advantage of this quick, painless screening, which uses ultrasound to measure bone mineral density in your heel. *Preregistration is required by calling 745-0942.*

**March 6** 7:30 a.m. – noon

## Franklin-Simpson Community Health Fair

### Presented by The Medical Center at Franklin

*Location: Franklin-Simpson Middle School*

The Franklin-Simpson Chamber of Commerce and The Medical Center at Franklin present the third annual community health fair featuring free screenings and a wealth of free health information.

**March 11** 8 a.m. – 4:00 p.m.

## Six Sigma Awareness Training Class

*Location: Human Resources Building, Classroom A*

Six Sigma Awareness Training is required for all full time or part time employees who have not already attended. Registration can be completed through NetLearning.

## March for Babies is gearing up

Kentucky has one of the highest rates of preterm birth in the country, ranking 7th in the nation. This translates to more than 8,700 babies born too soon each year. The March of Dimes is working to decrease that rate and give more babies a healthy start in life. One of the ways March of Dimes is tackling this issue is through its annual March for Babies, an event to raise awareness and funds for research.

The annual kick-off for March for Babies was held Thursday, February 11 at The Medical Center. The kick-off marked the beginning of team recruitment for the walk which will take place on Saturday, April 24 at Phil Moore Park in Bowling Green. Registration begins at 9 a.m., and the walk begins at 10 a.m.

As a sponsor of March for Babies, The Medical Center is proud to support the March of Dimes in their efforts to give all babies the best possible chance for a healthy start in life. To learn how you can get involved, call Ronna Cassidy in the Nursery at ext. 2412 or Jennifer Reynolds, Barren River Division Director for the March of Dimes, at (270) 746-5411 or (800) 670-3339.

Dear editor,  
I would like to see  
more stories about....

**CHC Intercomm** is published every other week by Commonwealth Health Corporation. If you have suggestions or story ideas, contact Brandon Jones, editor: [JonesBW@chc.net](mailto:JonesBW@chc.net).



## Women-in-the-Arts call for entries

The Medical Center has announced its 20th annual Women-in-the-Arts Exhibit, which is scheduled for April 23–25. Entries are now being accepted for the exhibit, which is open to any female artist over 18 years old residing in Kentucky. The purpose of the exhibit is to recognize and honor the work and talent of area women artists.

The Women-in-the-Arts Exhibit will feature artwork in the following categories: painting, sculpture, ceramics, works on paper, fiber works, and photography. Each year, the exhibit committee and a juror select the Special Purchase Award. This artwork is purchased by and displayed at The Medical Center.

*20th Annual  
Women-in-the-Arts Exhibit  
April 23–25  
at The Medical Center  
Auditorium*

Artists will have the option of making their artwork available for sale to the public. Twenty percent of each sale will go to the Capitol Arts Center’s Visual Arts program.

Entry forms may be obtained by calling (270) 745–1010 or stopping by The Medical Center Health & Wellness Center at Greenwood Mall or the Capitol Arts Center. A \$20 entry fee is required. Entry forms should be returned by March 26.

## Scholarship applications now being accepted for 2010–2011 academic year

Applications are now being accepted for The Medical Center at Scottsville Scholarship, the Charles M. Stewart Scholarship and the Carrel K. Sumner Family Memorial Scholarship for the 2010–2011 academic year. Deadline for submitting application(s) is March 15. You may pick up the applications and a list of guidelines at any of the following locations: CHC Human Resources office on Fairview Avenue; The Medical Center at Bowling Green, Franklin and Scottsville Human Resources offices; or contact Katie Beard, Marketing/Development Coordinator, at ext. 1543 or [bearke@chc.net](mailto:bearke@chc.net)

## *Heart Reunion Celebration!*

Sunday, February 21  
2:00 p.m.

Knights of Columbus Hall  
911 Searcy Way  
Bowling Green

All current and former patients of The Heart Institute at The Medical Center and their families are cordially invited to attend a special celebration to honor their success in fighting heart disease. RSVP before February 19 by calling (270) 796–3330

## January 2010 PRIDE Ideas

- Helen Monroe .....5A
- Cheryl Best .....Respiratory Care (MCS)
- Laura Meredith.....4B
- Jennifer Hart .....ICU
- Amy Ausbrooks .....Labor & Delivery
- Roger Doszak.....Lab
- Jacqueline Britt.....Environmental Services